



**NATIONAL SERVICE SCHEME**  
SRI GURU GOBIND SINGH COLLEGE OF COMMERCE  
(University of Delhi)



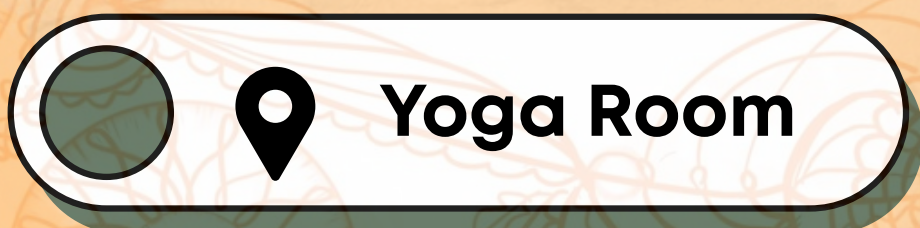
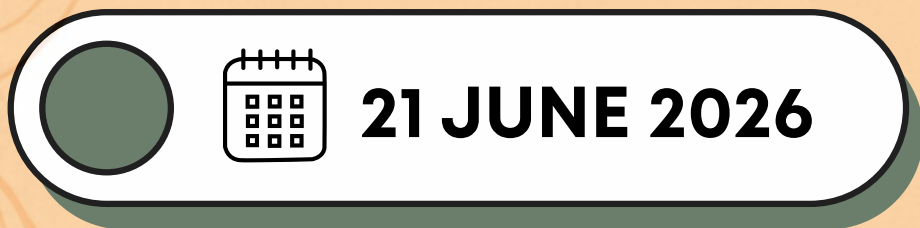
*in collaboration with*  
**NCWEB X Sports Department**

*presents*

**A YOGA SESSION ON THE OCCASION OF**

INTERNATIONAL

**YOGA  
DAY**



**Jaskirat Kaur**  
(Yoga Instructor)

**"Yoga is the journey of the self, through the self, to the self."**