



ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਕਾਲਜ ਆਫ ਕਾਮਰਸ
श्री गुरु गोबिंद सिंह कॉलेज ऑफ कॉमर्स
Sri Guru Gobind Singh College of Commerce
(University of Delhi)

NAAC A++ Accredited

Pitampura, (Opposite TV Tower), Delhi-110034

SGGSCC/Admn/PO/ 5497

6th December, 2023

07-12-23

NOTICE

Sub: Physical Fitness Test for the post of Director Physical Education(DPE)

This is to inform all the provisionally qualified candidates in the Written Test that the Physical Fitness Test for the post of Director Physical Education (DPE) at this college, will be held on Sunday, 17th December, 2023 at 11.00 A.M. at Polo ground, University of Delhi.

The address of University Polo ground is as follows for your reference:

University Polo ground
Near Police Line
Kingsway Camps
Delhi-110009.

Note:

1. The provisionally qualified candidates are required to report at 10.00 A.M. i.e. one hour before the actual start at the Polo Ground of the University of Delhi alongwith Medical Fitness Certificate. The list of the provisionally qualified candidates for Physical Fitness Test is enclosed herewith.

2. The Physical Fitness Test Norms, as prescribed by the University of Delhi are enclosed herewith.

3. Any Addendum/Corrigendum/Notification/Information shall be posted only on the College website: www.sggsc.ac.in

PRINCIPAL

Copy to:
College Notice Board
College Website

SRI GURU GOBIND SINGH COLLEGE OF COMMERCE University of Delhi

LIST OF PROVISIONALLY QUALIFIED CANDIDATES FOR THE PHYSICAL TEST TO BE HELD ON 17.12.2023 AT 11:00 A.M.

TIME FOR MEN: 12 MINTUES

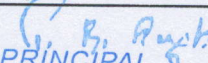
TIME FOR WOMEN: 08 MINTUES

A : MEN CANDIDATES

| Roll No. | NAME | Gender | Date of Birth | Age | Norms for Men/Women |
|----------------|-------------------------|--------|---------------|----------------------|--|
| UP TO 30 YEARS | | | | | |
| 10 | PRASHANT KAUSHIK | Male | 13/02/1996 | 27 | 1800 meters in 12 minutes up to 30 years |
| 13 | DIVYANSHU SINGH | Male | 14/09/1995 | 28 | 1800 meters in 12 minutes up to 30 years |
| 19 | SAURABH KUMAR | Male | 01/01/1994 | 29 | 1800 meters in 12 minutes up to 30 years |
| 27 | SACHIN PATEL | Male | 05/03/1997 | 26 | 1800 meters in 12 minutes up to 30 years |
| UP TO 40 YEARS | | | | | |
| 3 | SANDEEP SINGH | Male | 20/05/1989 | 34 | 1500 meters in 12 minutes up to 40 years |
| 7 | RISHABH SINGH | Male | 17/03/1992 | 31 | 1500 meters in 12 minutes up to 40 years |
| 18 | NEERAJ KUMAR | Male | 10/12/1990 | 33 | 1500 meters in 12 minutes up to 40 years |
| 21 | VIDIT SHARMA | Male | 22/11/1993 | 30 years and 25 days | 1500 meters in 12 minutes up to 40 years |
| 28 | KUNWARJEET SINGH SEHGAL | Male | 27/06/1992 | 31 | 1500 meters in 12 minutes up to 40 years |
| UP TO 45 YEARS | | | | | |
| 6 | SANDEEP SINGH SOKHI | Male | 28/10/1983 | 40 years 1.5 months | 1200 meters in 12 minutes up to 45 years |
| 14 | DR MOHD SALIM JAVED | Male | 10/11/1979 | 44 | 1200 meters in 12 minutes up to 45 years |
| UP TO 50 YEARS | | | | | |
| 24 | AMARJEET SINGH | Male | 02/07/1975 | 48 | 800 meters in 12 minutes up to 50 years |
| 29 | HARDEEP SINGH KALRA | Male | 29/06/1978 | 45 years 5 months | 1200 meters in 12 minutes up to 45 years |

B: WOMEN CANDIDATES

| | | | | | |
|----------------|------------------|--------|------------|----|---|
| UP TO 30 YEARS | | | | | |
| 25 | BHARTI YADAV | Female | 04/03/1998 | 25 | 1000 meters in 8 Minutes up to 30 years |
| UP TO 40 YEARS | | | | | |
| 15 | DR. DIVYA SHUKLA | Female | 30/03/1990 | 33 | 800 meters in 8 Minutes up to 40 years |
| UP TO 50 YEARS | | | | | |
| 22 | GEETA PARASHER | Female | 10/05/1976 | 47 | 400 meters in 8 Minutes up to 50 years |


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Physical Fitness Test Norms:

a) Subject to the provisions of these regulations, all candidates who are required to undertake the physical fitness test shall be required to produce a medical certificate certifying that he/she is medically fit before undertaking such tests.

b) On production of such certificate mentioned in sub-clause (a) above, the candidate would be required to undertake the physical fitness test in accordance with the University of Delhi norms.

| | | | |
|--------------------------|---------------|---------------|---------------|
| Norms for Men | | | |
| 12 Minutes Run/Walk Test | | | |
| Upto 30 Years | Upto 40 Years | Upto 45 Years | Upto 50 Years |
| 1800 meters | 1500 meters | 1200 meters | 800 meters |
| Norms for Women | | | |
| 8 Minutes Run/Walk Test | | | |
| Upto 30 Years | Upto 40 Years | Upto 45 Years | Upto 50 Years |
| 1000 meters | 800 meters | 600 meters | 400 meters |

P. B. Singh

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