



Sri Guru Gobind Singh College of Commerce

(University of Delhi)

Pitam Pura, Delhi-110034

12 August, 2025

Should you feel the need to seek support for **any mental health concerns** including anxiety, depression, interpersonal relationships, career exploration, bullying, among other areas of concern, feel free to reach out to the counsellor during her office hours in the college campus.

Ms. Shivika Khurana, a **counsellor/psychologist** is available bi-weekly on Tuesday and Friday from 1pm to 3pm, Counselling Room (Room A8, GF). You may also contact her at +91 88608 39494 or email at counsellor @sggsc.ac.in

If you ever find yourself or someone around you going through a tough time emotionally, please know that support is available. Our college offers confidential mental health counseling to any student who might be feeling anxious, overwhelmed, lonely, low, or simply in need of someone to talk to.

Principal
Prof. (Dr.) J. B. Singh